

Katie Beach

SPEAKER / FACILITATOR / COACH

My name is Katie Beach and I help current and aspiring leaders elevate their performance by sharing the proven success elements of elite athletes and teams—the competitive mindset, strategic preparation, and commitment to training that transforms leaders and teams.

Drawing from her unique experiences on the sidelines of sports and talent management, Katie delivers powerful insights on leadership, culture, and employee engagement that help businesses attract and retain top talent.

Book Katie

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Follow Katie

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What attendees are saying:

“Katie is clear and concise and provides information in an engaging and fun way.”

“Katie is an excellent speaker and presenter. She knows the material inside and out, you can tell she is passionate about it and wants people to change for the better.”

“Practical leadership advice relating competitive sports to corporate leadership!”

CLIENTS INCLUDE:





Elevating Your Leadership Game: Lessons from the Sidelines of Sports

Learn how elite athletes separate themselves by focusing on three key areas of inner strength to achieve outer excellence. Discover the key principles to become comfortable with the uncomfortable aspects of leadership and apply these same strategies to elevate your leadership game and drive success.

Engagement is a Team Sport: The Playbook for Thriving Workplaces

Great teams don't just happen—they're built through strategy, commitment, and culture. In this dynamic keynote, Katie will break down the three essential elements of employee engagement—what employees think, feel, and do—using lessons from her time on the sidelines of sports. You'll gain practical insights to assess engagement within your team and walk away with actionable strategies to create a workplace where employees are motivated, connected, and performing at their best.

From Good Girl to Great Leader: Shattering False Narratives, Empowering New Beliefs

The numbers are clear: a large majority of female C-suite leaders are women who played sports. They've been empowered to believe in themselves and their abilities. Discover how you can tap into that same empowerment and unleash your inner champion, getting comfortable with all that it takes to achieve greatness in your own life and career.

